

Elongated Nutmeg



No	Parameter	Details
1	Name	Elongated Nutmeg
2	Scientific Name	<i>MYRISTICA FRAGRANS HOUTT</i>
3	HS CODE	0908.11.00.00
4	Price	CALL
5	Stock	CALL
6	MOQ	1 MT
7	Payment Term	20 % Advance (TT), 80 % LC At Sight

Physical Characteristics

- Appearance: Oval-shaped fruit with a hard shell
- Size: Approximately 5-6 cm long
- Color: Brownish exterior with aromatic seeds inside

Chemical Composition

- Essential oil content varies; contains myristicin and elemicin

Category	Benefits of Elongated Nutmeg
Culinary Benefits	Enhances flavor in both sweet and savory dishes; commonly used in desserts, beverages, and savory sauces.
Traditional Medicinal Benefits	Used to aid digestion, relieve gastrointestinal discomfort, and promote relaxation; traditionally recognized for its potential to improve sleep quality.
Modern Medical Benefits	Rich in antioxidants that protect against oxidative stress; may help reduce inflammation and improve digestive health; potential to enhance mood and promote better sleep.
Benefits for Cosmetics	Contains antioxidant properties that may help protect the skin from aging; used in formulations for its soothing effects on the skin.



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Note: For detailed information on physical characteristics and chemical composition, we invite prospective buyers to conduct independent testing. You may visit our facility to observe the processes and collect samples for laboratory analysis, or we can send samples to you for further testing, with shipping costs borne by the buyer. Alternatively, you may engage SGS services at your own expense. Prospective buyers are also welcome to observe the quality control process in our warehouse through to the completion of stuffing.